

BIBLE READING PLAN

Term 4
2019

NBC YOUNG ADULTS



Reading the Bible is the most important spiritual practice you can do as a follower of Jesus, as it is one of the primary ways we connect, learn from and enjoy God. There are many helpful ways to read His word, what is important is that we read it!

This plan is designed to work alongside the teaching series at NBC throughout term 4 - The sermon series on Sunday night is on the 10 commandments in Exodus 20 and the Home Group studies journeys through Ephesians. There are also some other complementary readings. God can speak through his word in many ways and if you have a pattern that works for you then continue with that. If you're looking for something new though let us encourage you to adopt the following pattern as you spend time with God in his word.

PRAY - STOP - READ - STUDY - MEMORISE - PRAY

Pray: Start your time in prayer. There is no set thing that must be prayed. Come to God as you are, commit your time to him and ask him to speak to you through his word.

Stop: Quiet your mind from the distractions and thoughts, set your mind on God and posture yourself to be ready to listen to him. Try at first just sitting in silence for 1-2 minutes.

Read: Read the passages of that day. You will notice that sometimes there are repeated readings throughout a week, this is not a mistake. This is a practice to help you think deeply and slowly in God's word.

Study: Having read the passage, work through it again and study it. You may have a way you like to do that and if so, go for it. If not, or you would like to apply a different approach, try the COMA method:

(1) What's the Context (2) Observe what the passage is saying (3) What's the Meaning (4) How can you Apply it

Memorise: Each week memorise one small section from one of the passages of your choosing. It could be a couple of verses from a Psalm, a teaching from Jesus or whatever verse(s) that stand out to you. (Just remember the context of each verse to help prevent you using it incorrectly).

Pray (again): Pray whatever it is you've learnt, or God has put on your heart. A good idea is to turn what you've learnt and the passage itself into a prayer.

Christmas reading plan

Throughout December, in the lead up to Christmas, we will be looking at the background and narrative of Jesus Birth. The Jews were expecting a Messiah for a long time, as the Old Testament (the scriptures) foretold that he would come. When Jesus was teaching the crowds and his disciples, he made the bold and true statement that all the scriptures pointed to him (John 5:39) and he was the fulfilment of them all (Luke 24:44). We can have great confidence that Jesus of Nazareth is that Messiah, the Son of God. But it is also good to remind ourselves, or perhaps learn for the first time, of some of the key passages which teach us that.

In the first two weeks of December, this plan will look at 10 key passages in the OT that are fulfilled by Jesus in the NT. The next two weeks we will look at the narrative of Jesus birth that we find in the Gospels. Having seen Jesus fulfilling the Old Testament and reading his birth, hopefully we will be able to rejoice with Philip and say “we have found the one Moses wrote about in the Law, and about whom the prophets also wrote – Jesus of Nazareth, the son of Joseph.” (John 1:45).

WEEK 1

Mon, 14 Oct	○ Psalm 51	○ Exodus	20:12	○ Ephesians	1:1-14
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Tue, 15 Oct	○ Psalm 52	○ Colossians	3:20	○ Ephesians	1:3-6
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Wed, 16 Oct	○ Psalm 53	○ Ephesians	6:1-3	○ Ephesians	1:7-10
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Thur, 17 Oct	○ Psalm 54	○ Exodus	20:1-3	○ Ephesians	1:11-14
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Fri, 18 Oct	○ Psalm 55	○ Exodus	20:12	○ Ephesians	1:1-14
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WEEK 2

Mon, 21 Oct	○ Psalm 56	○ Exodus	20:13	○ Ephesians	1:15-23
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Tue, 22 Oct	○ Psalm 57	○ Matthew	5:21-26	○ Ephesians	1:15-17
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Wed, 23 Oct	○ Psalm 58	○ Matthew	5:43-47	○ Ephesians	1:18-23
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Thur, 24 Oct	○ Psalm 59	○ Matthew	5:21-26	○ Ephesians	1:15-17
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Fri, 25 Oct	○ Psalm 60	○ Exodus	20:13	○ Ephesians	1:15-23
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WEEK 3

Mon, 28 Oct	○ Psalm 61	○ Exodus 20:14	○ Ephesians 2:1-22
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Tue, 29 Oct	○ Psalm 62	○ Matthew 5:27-32	○ Ephesians 2:1-10
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Wed, 30 Oct	○ Psalm 63	○ John 7:53-8:11	○ Ephesians 2:11-22
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Thur, 31 Oct	○ Psalm 64	○ Matthew 5:27-32	○ Ephesians 2:1-10
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Fri, 1 Nov	○ Psalm 65	○ Exodus 20:14	○ Ephesians 2:1-22
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Week 4

Mon, 4 Nov	○ Psalm 66	○ Exodus 20:15-17	○ Ephesians 3:1-21
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Tue, 5 Nov	○ Psalm 67	○ Matthew 5:33-37	○ Ephesians 3:1-6
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Wed, 6 Nov	○ Psalm 68	○ Matthew 6:19-21	○ Ephesians 3:7-13
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Thur, 7 Nov	○ Psalm 69	○ Matthew 5:33-37	○ Ephesians 3:14-21
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Fri, 8 Nov	○ Psalm 70	○ Exodus 20:15-17	○ Ephesians 3:1-21
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WEEK 5

Mon, 11 Nov	○ Psalm 71	○ 1 Thess	1:1-10	○ Ephesians	4:1-16
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Tue, 12 Nov	○ Psalm 72	○ 1 Thess	2:1-20	○ Ephesians	4:1-6
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Wed, 13 Nov	○ Psalm 73	○ 1 Thess	3:1-13	○ Ephesians	4:7-13
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Thur, 14 Nov	○ Psalm 74	○ 1 Thess	4:1-18	○ Ephesians	4:14-16
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Fri, 15 Nov	○ Psalm 75	○ 1 Thess	5:1-28	○ Ephesians	4:1-16
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WEEK 6

Mon, 18 Nov	○ Psalm 76	○ Exodus	20:18-21	○ Ephesians	4:17-24
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Tue, 19 Nov	○ Psalm 77	○ Matt	7:28-29	○ Ephesians	4:25-5:2
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Wed, 20 Nov	○ Psalm 78	○ Ezekiel	1:1-14	○ Ephesians	5:3-7
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Thur, 21 Nov	○ Psalm 79	○ Ezekiel	1:15-28	○ Ephesians	5:8-20
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Fri, 22 Nov	○ Psalm 80	○ Exodus	20:18-21	○ Ephesians	4:17-5:20
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WEEK 7

Mon, 25 Nov	○ Psalm 81	○ 1 Cor	1:1-9	○ Ephesians	6:1-18
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Tue, 26 Nov	○ Psalm 82	○ 1 Cor	1:10-20	○ Ephesians	6:1-4
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Wed, 27 Nov	○ Psalm 83	○ 1 Cor	2:1-9	○ Ephesians	6:5-14
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Thur, 28 Nov	○ Psalm 84	○ 1 Cor	2:10-16	○ Ephesians	6:15-18
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Fri, 29 Nov	○ Psalm 85	○ 1 Cor	3:1-15	○ Ephesians	6:1-18
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WEEK 8

Mon, 2 Dec	○ Psalm 86	○ 1 Cor 3:16-23	○ Eph 6:10-24	○ Gen 12:3	○ Acts 3:25-26
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Tue, 3 Dec	○ Psalm 87	○ 1 Cor 4:1-13	○ Eph 6:10-12	○ Gen 49:10	○ Luke 3:33
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Wed, 4 Dec	○ Psalm 88	○ 1 Cor 4:14-21	○ Eph 6:13-17	○ 2 Sam 7:12-13	○ Matt 1:1
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Thur, 5 Dec	○ Psalm 89	○ 1 Cor 5:1-12	○ Eph 6:18-20	○ Isaiah 7:14	○ Luke 1:35
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Fri, 6 Dec	○ Psalm 90	○ 1 Cor 6:1-11	○ Eph 6:10-24	○ Micah 5:2	○ Matt 2:4-6
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WEEK 9

Mon, 9 Dec	○ Psalm 91	○ 1 Cor	6:12-20	○ Isaiah 11:1	○ John 12:18-21
Tue, 10 Dec	○ Psalm 92	○ 1 Cor	7:1-16	○ Isaiah 35:5-6	○ Matt 11:2-6
Wed, 11 Dec	○ Psalm 93	○ 1 Cor	7:17-24	○ Isaiah 40:3-5	○ John 1:23
Thur, 12 Dec	○ Psalm 94	○ 1 Cor	7:25-40	○ Daniel 7:13-14	○ Luke 1:31-33
Fri, 13 Dec	○ Psalm 95	○ 1 Cor	8:1-13	○ Deut 18:15-16	○ John 5:45-47

WEEK 10

Mon, 16 Dec	○ Psalm 96	○ 1 Cor	9:1-18	○ Luke	24:44-48
Tue, 17 Dec	○ Psalm 97	○ 1 Cor	9:19-27	○ Matthew 1:1-17	
Wed, 18 Dec	○ Psalm 98	○ 1 Cor	10:1-13	○ Matthew 1:18-25	
Thur, 19 Dec	○ Psalm 99	○ 1 Cor	10:14-33	○ Matthew 2:1-12	
Fri, 20 Dec	○ Psalm 100	○ 1 Cor	11:1-16	○ Matthew 2:13-23	

WEEK 11

**Mon,
23 Dec** ○ Psalm 101 ○ 1 Cor 11:17-34 ○ Luke 1:26-38

**Tue,
24 Dec** ○ Psalm 102 ○ 1 Cor 12:1-11 ○ Luke 2:1-20

**Wed,
25 Dec** ○ Psalm 103 ○ 1 Cor 12:12-31 ○ Luke 2:28-35

**Thur,
26 Dec** ○ Psalm 104 ○ 1 Cor 13:1-13 ○ John 1:1-5

**Fri,
27 Dec** ○ Psalm 105 ○ 1 Cor 14:1-25 ○ John 1:45

WEEK 12

**Mon,
30 Dec** ○ Psalm 106 ○ 1 Cor 14:26-40

**Tue,
31 Dec** ○ Psalm 107 ○ 1 Cor 15:1-11

**Wed,
1 Jan** ○ Psalm 108 ○ 1 Cor 15:12-34

**Thur,
2 Jan** ○ Psalm 109 ○ 1 Cor 15:35-58

**Fri,
3 Jan** ○ Psalm 110 ○ 1 Cor 16:1-24
